



PSHE Long Term Plan

Sowing the seeds for a flourishing future

In each school year of Jigsaw we solve 6 Puzzles



Being Me in My World
Celebrating Difference
Dreams and Goals
Healthy Me
Relationships
Changing Me

We will explore one each half term.

Autumn 1	Being Me in My World
Autumn 2	Celebrating Difference
Spring 1	Dreams and Goals
Spring 2	Healthy Me
Summer 1	Relationships
Summer 2	Changing Me

In mixed year groups, we teacher the odd-numbered year group plans in Cycle 1.