



PE OUTDOOR AND INDOOR LONGTERM PLAN

Planning units refer to The PE Hub Scheme of Work. Each unit has its own assessment criteria for each year group. Coaches/Teachers to decide which year group and unit to teach to different cohorts of children. * Indicates an inter-school competition.

Year Group	Cycle	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6 (Including preparation for Sports Day and Area Sports)
FS2		PLAYGROUND GAMES	BODY MANAGEMENT Unit 1 and 2	COOPERATE AND SOLVE PROBLEMS Unit 1	MANIPULATION AND COORDINATION Unit 1 and 2	COOPERATE AND SOLVE PROBLEMS Unit 2	SPEED AGILITY TRAVEL Unit 1 and 2
1/2	1	ATTACK DEFEND SHOOT Y1 and 2 Unit 1 and 2	ATTACK DEFEND SHOOT Y1 and Y2 Unit 1 and 2	OAA Y1 and 2	SEND AND RETURN Y1 and Y2 Unit 1 and 2	HIT CATCH RUN Y1 and Y2 Unit 1 and 2	RUN JUMP THROW Y1 and Y2 Unit 1 and 2
	2	ATTACK DEFEND SHOOT Y1 and Y2 Unit 1 and 2	ATTACK DEFEND Y1 and Y2 Unit 1 and 2 *	OAA Y1 and 2	SEND AND RETURN Y1 and Y2 Unit 1 and 2 *	HIT CATCH RUN Y1 and Y2 Unit 1 and 2 *	RUN JUMP THROW Y1 and Y2 Unit 1 and 2
3/4	1	TAG RUGBY Y3 and 4 Unit 1	BASKETBALL Y3 and 4 Unit 1	OAA Y3	TENNIS Y3 and 4 Unit 1	SWIMMING & CRICKET Y3 and 4 Unit 1 *	ATHLETICS Y3 and 4 Unit 1 *
	2	FOOTBALL Y3 and 4 Unit 1	NETBALL Y3 and 4 Unit 1	OAA Y4	VOLLEYBALL Y3 and 4 Unit 1	SWIMMING & ROUNDEES Y3 and 4 Unit 1	ATHLETICS Y3 and 4 Unit 1 *
5/6	1	FOOTBALL / TAG RUGBY Y5 and 6 Unit 1 *	OAA Y5 and 6	HANDBALL / BASKETBALL Y5 and 6 Unit 1	BADMINTON Y5 and 6 Unit 1	CRICKET / ROUNDEES Y5 and 6 Unit 1 *	ATHLETICS Y5 and 6 Unit 1 *
	2	FOOTBALL / HOCKEY Y5 and 6 Unit 1	OAA Year 5 and 6	HANDBALL / NETBALL Y5 and 6 Unit 1 *	TENNIS Y5 and 6 Unit 1	ROUNDERS / CRICKET Y5 and 6 Unit 1 *	ATHLETICS Y5 and 6 Unit 1 *

Year Group	Cycle	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
FS2		GYM Unit 1	GYM Unit 1/2	GYM Unit 1/2	DANCE Unit 1	DANCE Unit 1/2	DANCE Unit 2
1/2	1	GYMNASTICS Y1 and Y2 Unit 1 and 2	GYMNASTICS Y1 and Y2 Unit 1 and 2	GYMNASTICS Y1 and Y2 Unit 1 and 2	DANCE Y2 Unit 1 Penguins	DANCE Y2 Unit 2 Clockface	DANCE LINKED TO ENGLEFIELD FLOWER SHOW
	2	GYMNASTICS Y1 and Y2 Unit 1 and 2	GYMNASTICS Y1 and Y2 Unit 1 and 2	GYMNASTICS Y1 and Y2 Unit 1 and 2	DANCE Y1 Unit 2 Nursery Rhymes	DANCE Y1 Unit 1 Jungles	DANCE LINKED TO ENGLEFIELD FLOWER SHOW
3/4	1	GYMNASTICS Y3 Unit 1	DANCE Y3 Unit 1 Matilda	DANCE Y3 Unit 2 Ocean Dance	DANCE LINKED TO Y3/4 PRODUCTION	NO INDOOR	GYMNASTICS Y3 Unit 2
	2	DANCE Y4 Unit 1 Action Hero	GYMNASTICS Y4 Unit 1	DANCE Y4 Unit 2 Snakes	DANCE LINKED TO Y3/4 PRODUCTION	NO INDOOR	GYMNASTICS Y4 Unit 2
5/6	1	GYMNASTICS Year 6 Unit 1	GYMNASTICS Year 6 Unit 2	FITNESS Unit 1	DANCE Space Clare Pring Planning	DANCE Stone Age Clare Pring Planning	DANCE LINKED TO Y5/6 PRODUCTION
	2	GYMNASTICS Year 5 Unit 1	DANCE Forces Clare Pring Planning	GYMNASTICS Year 5 Unit 2	FITNESS Unit 2	DANCE The River LCP	DANCE LINKED TO Y5/6 PRODUCTION